

Put Your Blinders On And Focus



Perhaps it is New Year's Day, and you're determined to keep your resolution to get organized this year. Maybe it is the first day of Spring, and you feel a renewed energy to tackle those projects you've been putting off. Or maybe you've just returned from your vacation, relaxed and ready to *finally* get organized. Whatever the date might be, you are READY to put your organizing ideas into action!

PAUSE...

"But, where do I start?"

Start with the area that is causing you the most distress.

If your reaction to that statement was, "But my whole "LIFE is disorganized!" try to put the blinders on, as if you were a horse at Pimlico just waiting to run in the Preakness. The horse and its rider are completely focused on winning the race at hand. They aren't worried about last week's race. (They can't do anything about it since it is in the past, anyway.) They aren't thinking about all of the races they will run in the future. The horse and rider are only concentrating on the task set before them today....winning the Preakness. The horse often wears blinders to keep from getting distracted by other horses or the crowd.

Just like that horse, you can "put the blinders on" by picking one area to start organizing and START. Then keep running the race until you reach the finish line in that one area.

Don't worry about the other disorganized areas. You'll get to them eventually, and they'll still be there when you get to them!

If you still have trouble getting out of the starting gate, please give *Absolutely Organized* a call or email us. We specialize in helping you organize your life – one race at a time. Please email us at info@absolutely-organized.com or call 410.329.3300. We're here to help you.