



Katherine Trezise

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Katherine Trezise, CPO[®], CPO-CD[®] is a frequent speaker on topics related to organization for community groups, businesses, and at international professional organizing conferences. Her life's mission is to help people find hope, confidence, and freedom from disorganization so they can focus on the things, people, and activities that are most important to them.

Whether she is working with her clients in their home or office, or sharing her expertise in a presentation or workshop, Katherine is attuned to people's needs. She understands that many of her clients and audience members have experienced the negative effects of life-long disorganization and clutter. They frequently have also suffered from chronic medical conditions or have experienced a loss. Katherine's approach is always one of compassionate professionalism – with an appropriate dose of humor!

In 1999 Katherine combined her B.A. in psychology and M.B.A. when she founded [Absolutely Organized, LLC](http://www.absolutely-organized.com). She provides professional organizing and daily money management services to clients in the northern suburbs of Atlanta, GA. Katherine has earned the two highest designations in the professional organizing industry.

Katherine has been married to Tom Trezise, an attorney and insurance claims executive, since 1976. They are extremely proud of their two children – Greg, a financial manager for Whirlpool Corporation, and Meredith, a P-8 mission commander for the U.S. Navy.

Katherine is a past president of the [Institute for Challenging Disorganization](http://www.institute-for-challenging-disorganization.com) (ICD). She is a Golden Circle member of the [National Association of Professional Organizers](http://www.napo.org) (NAPO), and is a member of the [American Association of Daily Money Managers](http://www.aadmm.com) (AADMM) and [Faithful Organizers](http://www.faithfulorganizers.com). Katherine is a trained [Stephen Ministry](http://www.stephenministry.com) leader.

Katherine is co-author of [My Journey to an Organized Life: A Creative Road Map for Organizing Your Time, Space, and Finances](http://www.absolutely-organized.com).